

COURSE OUTLINE FOR PREVOCATIONAL STUDIES YEAR 1

1. Introduction to home economics
2. Home economics and national development
3. Puberty and adolescence
4. Sexually transmitted infections
5. Human rights
6. Family needs, goals and standards
7. Personal clothings and household articles and crafts
8. Production of household articles and crafts
9. Cleaning agents
10. Deodorants and cosmetics
11. Healthy feeding and eating practice
12. The family
13. The home
14. Housing the family
15. Care of family house
16. Waste disposal
17. Entertainment in the home
18. Simple sewing tools and equipments
19. Introduction to agriculture
20. Types of agricultural practices
21. Agricultural activities
22. Classes and uses of crops
23. Classes and uses of famr animals
24. Factors of agricultural production
25. Weeds
26. Agricultural pests